

Canadian Flag

contains the maple leaf in a white box with red stripes on each side.



Why?

- Red and white are official Canadian colors.
- Early in its history, Maple sap has been a survival food.

Say What?

Canadians speak English and/or French. Depending on where you are in Canada, you may hear either of the following:

"Merry Christmas"
OR
"Joyeux Noel"

Eskimos

Eskimos celebrate **Sinck tuck**. This winter festival involves getting together for a party. At this party, attendees dance and exchange gifts.

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WORK CITED

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Christmas Traditions
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Canadian Style
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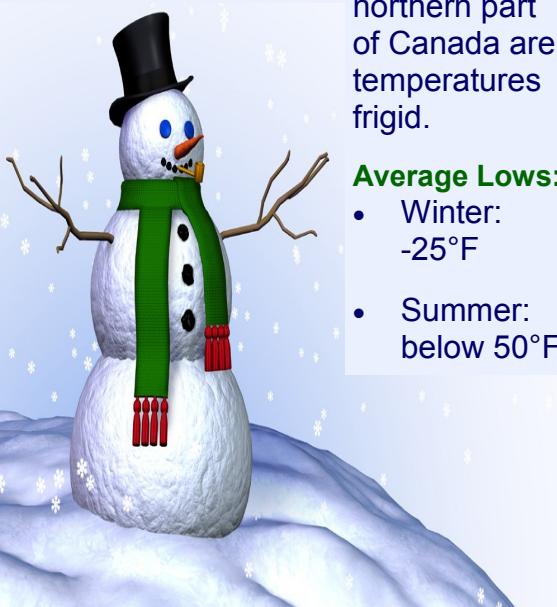


Where in the World is Canada?

- Northern half of North America, above the United States.
- 3.8 million sq. miles between the Pacific & Atlantic Oceans.
- 2nd largest nation of the world

Snow in Winter? YES!

Being surrounded by water keeps temperatures mild in the lower regions, between 25°F & 71°F.



Only in the far northern part of Canada are temperatures frigid.

- Average Lows:**
- Winter: -25°F
 - Summer: below 50°F

Traditional Christmas Decorations



Crèches meaning nativity scenes, especially in Quebec- a providence of Canada.

Christmas trees with lights and ornaments



Greenery wreaths and mistletoe similar to the United States.

Traditional Christmas Activities

Preparing for Christmas:

- Put up and decorate a tree
- Decorate the house, possibly both the inside and the outside
- Purchase gifts to exchange



Christmas Eve:

- Attend midnight mass, due to 42% of the population is Catholic.
- Gather with family and friends for a Christmas dinner

Traditional Christmas Meals

This is a list of food you may find in a Canadian home during a **réveillon**, or Christmas dinner:

- Roast turkey with vegetables and sauces
- Tourtiere = meat pie made with ground pork
- Boulettes = small meatballs
- Mince pies = pastry filled with jam/preserves (typically apple) with a mixture of chopped dried fruit (raisins, dates, etc)



Desserts:

- rich, fruity pudding with sauce
- Bûche de Noël or Yule log—cake rolled (& maybe decorated) to look like a log
 - Usually: yellow sponge cake, frosted and filled with chocolate buttercream frosting
 - Another variation: chocolate cake with whipped frosting and dusted with powder sugar

